### Fast Facts About...

# Mental Health and HIV/AIDS

- An estimated 30.4 million people worldwide are living with HIV/AIDS. Of these, an estimated 17.6 million are women. (Joint United Nations Programme on HIV/AIDS)
- It is estimated that there are 143 million orphans age 0 to 17 in 93 countries that have lost parents to HIV/AIDS. In just 2 years (2001 to 2003), the number of orphans globally who lost parents to HIV/AIDS increased from 11.5 million to 15 million. (HIV/AIDS Impact on Education Clearinghouse)
- An estimated 38,490 young people in the United States have been diagnosed with HIV/AIDS; they account for about 4 percent of the total estimated number of diagnosed HIV/AIDS cases. (Centers for Disease Control and Prevention)
- African Americans are disproportionately affected by HIV/AIDS. While they make up just 12.3 percent of the U.S. population, they account for 40 percent of the total estimated number of diagnosed HIV/AIDS cases. (Centers for Disease Control and Prevention)
- HIV/AIDS is often accompanied by depression; as many as one in three persons with HIV/AIDS may suffer from depression. (National Institute of Mental Health)
- Treatment for depression helps persons with HIV/AIDS manage both diseases; this enhances survival and leads to a better quality of life. (National Institute of Mental Health)

For more information, contact:
SAMHSA's National Mental Health Information Center
(800) 789-2647

www.mentalhealth.samhsa.gov



### Resources For...

## Mental Health and HIV/AIDS

Centers for Disease Control and Prevention (CDC)

National Prevention Information Network (NPIN)

P.O. Box 6003

Rockville, MD 20849-6003

(800) 458-5231

#### www.cdcnpin.org

National Association of People with AIDS (NAPWA)

8401 Colesville Road, Suite 750

Silver Spring, MD 20910

(240) 247-0880

#### www.napwa.org

International Association of Physicians in AIDS

Care (IAPAC)

33 North LaSalle Street, Suite 1700

Chicago, IL 60602-2601

(312) 795-4930

#### www.iapac.org

National Institute of Allergy and Infectious Diseases (NIAID)

National Institutes for Health

6610 Rockledge Drive, MSC 6612

Bethesda, MD 20892

(301) 496-5717

#### www.niaid.nih.gov

National Minority AIDS Council (NMAC)

1931 13th Street, NW

Washington, DC 20009

(202) 483-6622

#### www.nmac.org

American Psychiatric Association (APA)

1000 Wilson Boulevard, Suite 1825

Arlington, VA 22209-3901

Local: (703) 907-7300

Toll-free: (888) 357-7924

www.psych.org

These are just a few of the many resources available.

9/05 FAST FACT4

